



**PROJECT GREEN FORK**



**GREEN DINING GUIDE**  
**WINTER 2026**



PROJECT GREEN FORK

## GREEN DINING GUIDE

Explore our Green Dining Guide, featuring PGF-certified restaurants and partners that are committed to reducing food waste and lessening their environmental footprint in the Greater Memphis area. We invite you to use this guide to make informed choices that support local, sustainable dining!



# DOWNTOWN



## BISCUITS & JAMS

Serving you Southern style flavor for breakfast, brunch, and lunch!

### ESTABLISHMENT TYPE

Restaurant: Southern

### ADDRESS & CONTACT

24 N. BB King Blvd.  
Memphis, TN 38103  
(901) 695-1539

## CENTRAL BBQ

Barbeque spot known for their fall-off-the-bone meat and Southern hospitality.

### ESTABLISHMENT TYPE

Restaurant: Barbeque

### ADDRESS & CONTACT

147 E. Butler Ave.  
Memphis, TN 38103  
(901) 672-7760

## CORDELIA'S MARKET

Local grocery store with a curated shopping experience enriched by the community.



### ESTABLISHMENT TYPE

Grocery Store

### ADDRESS & CONTACT

737 Harbor Bend Rd.  
Memphis, TN 38103  
(901) 526-4772

## GOOD FORTUNE CO.

Memphis's first scratch-made noodle and dumpling shop. Featured on the Food Network!

### ESTABLISHMENT TYPE

Restaurant: Asian

### ADDRESS & CONTACT

361 S. Main St.  
Memphis, TN 38103  
(901) 590-3510



# DOWNTOWN



## GROOVY GRATITUDE

Healthy dining that balances wellness with soulful rhythms.

### ESTABLISHMENT TYPE

Restaurant: Healthy

### ADDRESS & CONTACT

605 N 2nd St #101  
Memphis, TN 38105  
(901) 417-8007

## JEM

Fine dining made approachable with a refined take on comfort food.

### ESTABLISHMENT TYPE

Restaurant: Fine Dining

### ADDRESS & CONTACT

358 N. Main St.  
Memphis, TN 38103  
(901) 860-4215

## MCEWEN'S MEMPHIS

Sophisticated eatery with exposed brick offering hearty, upscale Southern dishes.

### ESTABLISHMENT TYPE

Restaurant: Southern

### ADDRESS & CONTACT

120 Monroe Ave.  
Memphis, TN 38103  
(901) 527-7085



## RENDEZVOUS

Historical barbecue in a basement serving up racks of ribs and sausages.

### ESTABLISHMENT TYPE

Restaurant: Barbeque

### ADDRESS & CONTACT

52 S. Second St.  
Memphis, TN 38103  
(901) 523-2746



# MIDTOWN



## ANOTHER ROADSIDE ATTRACTION CATERING

Passionate about creating innovative dishes for events.

### ESTABLISHMENT TYPE

Catering

### ADDRESS & CONTACT

966 S. Cooper St.  
Memphis, TN 38104  
(901) 272-0500

## ART BAR

Cozy cocktail lounge with vintage decor, serving craft cocktails, beer, and wine.

### ESTABLISHMENT TYPE

Cocktail Bar

### ADDRESS & CONTACT

1350 Concourse Ave. #280  
Memphis, TN 38104  
(901) 507-8010

## BAR DKDC

Intimate space with small plates and cocktails that echoes the soul of the streets.

### ESTABLISHMENT TYPE

Restaurant: Street Food

### ADDRESS & CONTACT

964 S. Cooper St.  
Memphis, TN 38104  
(901) 272-0830





# MIDTOWN



## THE BEAUTY SHOP

New American eatery and bar with vintage hair dryer chairs and glass brick booths.

### ESTABLISHMENT TYPE

Restaurant: New American

### ADDRESS & CONTACT

966 Cooper St. #5611  
Memphis, TN 38104  
(901) 272-7111

## BOARD TO BEERS

Female-owned board game bar where adulting takes a back seat.

### ESTABLISHMENT TYPE

Bar & Games

### ADDRESS & CONTACT

2867 Poplar Ave.  
Memphis, TN 38111  
(901) 347-2787

## MIDTOWN BRAMBLE AND BLOOM

Micro flower farm and florist that combines beauty with creativity.

### ESTABLISHMENT TYPE

Florist & Retail

### ADDRESS & CONTACT

2294 Young Ave. Memphis, Tennessee, 38104  
(901) 229-2532



## CAFÉ ECLECTIC

Local coffeehouse and restaurant with dishes made in-house and from scratch.

### ESTABLISHMENT TYPE

Restaurant: Cafe

### ADDRESS & CONTACT

603 N. McLean Blvd.  
Memphis, TN 38107  
(901) 725-1718



# MIDTOWN



## CENTRAL BBQ

Barbeque spot known for their fall-off-the-bone meat and Southern hospitality.

### ESTABLISHMENT TYPE

Restaurant: Barbeque

### ADDRESS & CONTACT

12235 Central Ave.  
Memphis, TN 38104  
(901) 754-2216



## CITY & STATE

Coffee shop and boutique with unique gifts, home goods and decor, and accessories.

### ESTABLISHMENT TYPE

Coffee Shop & Retail

### ADDRESS & CONTACT

625 Broad Ave.  
Memphis, TN 38112  
(901) 249-2406



## ECCO ON OVERTON PARK

Eatery serving authentic and house made Italian cuisine.

### ESTABLISHMENT TYPE

Restaurant: Italian

### ADDRESS & CONTACT

1585 Overton Park Ave.  
Memphis, TN 38112  
(901) 410-8200



# MIDTOWN



## GOOD GROCERIES

Dishes crafted with cured, smoked, and homemade sauces, soups, and more.

### ESTABLISHMENT TYPE

Restaurant: Scratch-Made

### ADDRESS & CONTACT

585 Cooper St.  
Memphis, TN 38104  
(901) 325-1269



## GLOBAL CAFE

A fusion eatery serving global dishes, cocktails, and craft beer in a relaxed space.

### ESTABLISHMENT TYPE

Restaurant: Global

### ADDRESS & CONTACT

1350 Concourse Ave. #157  
Memphis, TN 38104  
(901) 512-6890

## INSPIRE

## COMMUNITY CAFÉ

A family-founded eatery serving creative, clean dishes.

### ESTABLISHMENT TYPE

Restaurant: Healthy

### ADDRESS & CONTACT

510 Tillman St. #110  
Memphis, TN 38112  
(901) 509-8640



# MIDTOWN



## KITCHEN LAUREL

Breakfast and brunch spot featuring innovative twists on classic favorites.

### ESTABLISHMENT TYPE

Restaurant: Brunch

### ADDRESS & CONTACT

800 S. Cooper St.  
Memphis, TN 38104  
(901) 658-0917

## MEMPHIS MADE BREWING CO.

Independent brewery in the Cooper-Young neighborhood.

### ESTABLISHMENT TYPE

Brewery

### ADDRESS & CONTACT

768 S. Cooper St.  
Memphis, TN 38104  
(901) 207-5343

## MEMPHIS WHISTLE

Bar and restaurant serving craft cocktails, local brews, and small bites in a cozy space.



### ESTABLISHMENT TYPE

Restaurant: Small Bites

### ADDRESS & CONTACT

2299 Young Ave.  
Memphis, TN 38104  
(901) 236-7136





# MIDTOWN



## MEMPOPS

Handcrafted popsicles made from all-natural, fresh ingredients. A local favorite!

### ESTABLISHMENT TYPE

Restaurant: Dessert

### ADDRESS & CONTACT

1350 Concourse Ave. #133  
Memphis, TN 38104  
(901) 425-2724



## MUDDY'S BAKE SHOP

Dessert shop offering fresh baked cakes, cookies, cupcakes, pies, and more.

### ESTABLISHMENT TYPE

Restaurant: Dessert

### ADDRESS & CONTACT

2497 Broad Ave.  
Memphis, TN 38112  
(901) 683-8844



## OTHERLANDS COFFEE

Eclectic atmosphere and crafts shop offering coffee, breakfast, and sandwiches.

### ESTABLISHMENT TYPE

Restaurant: Cafe

### ADDRESS & CONTACT

641 Cooper St.  
Memphis, TN 38104  
(901) 278-4994



# MIDTOWN



## TAMBOLI'S PASTA & PIZZA

Scratch-made with quality, locally-sourced ingredients.

### ESTABLISHMENT TYPE

Restaurant: Italian

### ADDRESS & CONTACT

1761 Madison Ave.  
Memphis, TN 38104  
(901) 410-8866



## TONICA

Spanish inspired tapas bar with an Italian touch, known for their gin tonics.



### ESTABLISHMENT TYPE

Restaurant: Spanish

### ADDRESS & CONTACT

1545 Overton Park Ave.  
Memphis, TN 38112  
(901) 474-7693

## TSUNAMI

Sleek eatery specializing in seasonal innovative Pacific Rim small plates.

### ESTABLISHMENT TYPE

Restaurant: Seafood

### ADDRESS & CONTACT

928 Cooper St.  
Memphis, TN 38104  
(901) 274-2556



# UNIVERSITY DISTRICT



## BELLTOWER COFFEE

Cozy spot for local coffee, treats, and pottery classes, plus wine.

### ESTABLISHMENT TYPE

Coffee Shop + Studio

### ADDRESS & CONTACT

525 S Highland St.  
Memphis, TN 38111  
(901) 506-2934

## BROTHER JUNIPERS

Casual diner known for fresh bread, creative omelets, and other breakfast specialties.

### ESTABLISHMENT TYPE

Restaurant: Breakfast/Brunch

### ADDRESS & CONTACT

3119 Poplar Ave.  
Memphis, TN 38111  
(901) 590-3938

## FEAST & GRAZE

Serving luxury grazing boxes, platters, and tables for any occasion.

### ESTABLISHMENT TYPE

Restaurant: Charcuterie

### ADDRESS & CONTACT

109 S Highland St. #103  
Memphis, TN 38111  
(901) 654-5926





# UNIVERSITY DISTRICT



## LULU'S CAFÉ & BAKERY

Plant-based cafe serving dishes made with seasonal and local ingredients.

### ESTABLISHMENT TYPE

Restaurant: Vegan

### ADDRESS & CONTACT

3119 Poplar Ave.  
Memphis, TN 38111  
(901) 590-3938



## RP TRACKS

College hangout and local favorite known for their selection of vegetarian dishes.

### ESTABLISHMENT TYPE

Restaurant: American

### ADDRESS & CONTACT

3547 Walker Ave.  
Memphis, TN 38111  
(901) 327-1471

## TREZEVANT MANOR

Retirement community that combines modern charm with traditional Southern style.

### ESTABLISHMENT TYPE

Retirement Community

### ADDRESS & CONTACT

177 N. Highland St.  
Memphis, TN 38111  
(901) 325-4000



# EAST MEMPHIS



## CENTRAL BBQ

Barbeque spot known for their fall-off-the-bone meat and Southern hospitality.

### ESTABLISHMENT TYPE

Restaurant: Barbeque

### ADDRESS & CONTACT

4375 Summer Ave.  
Memphis, TN 38122  
(901) 767-4672

## CITY SILO

### TABLE + PANTRY

Creative clean eating and reimaged comfort food.

### ESTABLISHMENT TYPE

Restaurant: Healthy

### ADDRESS & CONTACT

80 S. Mendenhall Rd.  
Memphis, TN 38117  
(901) 729-7687



## FRATELLI'S CAFÉ

Lunchtime spot for fresh and creative soups, salads, sandwiches, and desserts.

### ESTABLISHMENT TYPE

Restaurant: Cafe

### ADDRESS & CONTACT

750 Cherry Rd., Memphis, TN 38117 (Inside Memphis Botanic Garden), (901) 636-4118

## MEMPOPS

Handcrafted popsicles made from all-natural, fresh ingredients. A local favorite!

### ESTABLISHMENT TYPE

Restaurant: Dessert

### ADDRESS & CONTACT

1243 Ridgeway Rd.  
Memphis, TN 38119  
(901) 421-5985



# GERMANTOWN

## GERMANTOWN, TENNESSEE

The City began in 1833 as the hamlet of Pea Ridge, was renamed Germantown in 1836 and incorporated in 1841. The City of Germantown now includes the site of historic Nashoba Plantation. Union troops occupied the town during the Civil War. Yellow Fever decimated the population in the 1870's. The City's name temporarily changed to Neshoba during World War I.

### CITY SILO TABLE + PANTRY

Creative clean eating and reimaged comfort food.

#### ESTABLISHMENT TYPE

Restaurant: Healthy

#### ADDRESS & CONTACT

7605 W Farmington Blvd. #2  
Germantown, TN 38138  
(901) 236-7223



# FOOD TRUCKS

### DA GUILTY VEGAN

Traditional comfort food with a plant based twist.

#### ESTABLISHMENT TYPE

Food Truck: Vegan

#### CONTACT

(901) 428-3677





# CATERING



## CORRINE'S VERY SPECIAL CATERING

Upscale with a mix of classic dishes and Southern favorites.

### ESTABLISHMENT TYPE

Catering: Classic + Southern

### CONTACT

901-489-7812

## FUEL CATERING

Southern comfort food with wide-ranging options.

### ESTABLISHMENT TYPE

Catering: Southern

### CONTACT

[Website](#)



# VENUES

## OVERTON PARK SHELL

Historic open-air amphitheater showcasing seasonal and free live music.

### ADDRESS & CONTACT

1928 Poplar Ave.  
Memphis, TN 38104  
(901) 300-3011

## ST. COLUMBA CAMP AND RETREAT CENTER

Camp and retreat grounds with cabins, a conference center, and a pavilion.

### ADDRESS & CONTACT

4577 Billy Maher Rd.  
Memphis, TN 38135  
(901) 377-9284



# CORPORATE CHAMPIONS

## THE SOCIAL (HILTON CORPORATE)

Offers a welcoming dining experience within Hilton, blending modern flavors with a stylish atmosphere.

### ESTABLISHMENT TYPE

Corporate Dining



## RK GROUP BLUFF CITY

A national leader in culinary and hospitality services, as well as contracted venue management.

### ESTABLISHMENT TYPE

Provide catering services at Renasant Convention Center, delivering exceptional service for local and global clients alike.





# PGF PARTNERS



## CAREIT

Food donation and rescue software that makes it easy for businesses to donate surplus food and goods directly to local nonprofits. Project Green Fork uses the CareIt app to facilitate and track the donation of leftover food.

## THE COMPOST FAIRY, LLC

A local organization working to make Memphis a more sustainable community by educating the community on composting. They also partner with local restaurants and businesses, like Project Green Fork, to compost their leftover food.



## GET GREEN RECYCLEWORKS

A local business collaborating with organizations to implement and execute ongoing recycling programs. They provide consultations and pick-up services of recyclable materials.